40 Days of Focus on Godly Living



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Welcome to 40 Days of Focused Living.

Are you being the YOU God created you to be? Are you living the life God created you to live, or are you just going about life and doing what you want to do?

This series is about taking 40 days to focus on Spiritual Disciplines to help you step into the life God planned for you. This is the first book in the series and is focused on Godly Living. Each Bible time in this book consists of a Bible verse or verses devoted to Godly Living. Promise yourself that you will take at least 10 minutes each day to focus on God's word. That is about the time it will take to have a Bible time and include prayer and worship.

As you are preparing for your time with God, pray that God will open your eyes and heart to his word and you should prepare to be challenged. Read the scripture for the day and meditate on the words. The questions a simple but will make you think deeper for a more meaningful study to help you change your life. Begin the prayer at the end of each devotion. Remember the prayer is meant as a guide. Once you begin reading the prayer, allow the Holy Spirit to guide you in what is in your heart and

what you really want to say to God using your own words.

I am so excited for you and the journey you have decided to take. I hope you will share with others what you are learning and send me a message about what is helping you, what you are changing or simply what you are getting out of having 40 days of focus.

Thank you and God Bless You

April Teesdale



Psalm 119:105

Your word is a lamp unto my feet and a light unto my path.

- What is the "word" referring to?
- How is God's word "a lamp unto my feet and a light unto my path", what does that mean?
- How can you make sure that you are always walking on the right path?

Prayer

Dear God, Please help me to study your word every day and put in to practice the things I learn. Help me to be eager to change the things I can, and please have patience with me while I work on the harder things. Help me God, to live out your word in my life so that others see you in me. Thank you in Jesus name I pray



Proverbs 21:21-23

Whoever pursues righteousness and love finds life, prosperity and honor.

22 One who is wise can go up against the city of the mighty

and pull down the stronghold in which they trust.

23 Those who guard their mouths and their tongues keep themselves from calamity.

- Define righteousness.
- What is the promise to those who pursue righteousness and love?
- Can the wise defeat the mighty?
- What does it mean to guard your mouth and tongue?
- Define calamity.
- How can you keep yourself from disaster?
- Is it wise to live a righteous life?

Prayer

God help me to be wise and righteous. Help me to seek your righteousness and watch what I say to others. Help me to be a light to others especially those who do not know you. Help me to be a light to my brothers and sisters so that we may help each other because your word tells us that iron sharpens iron. Thank you for your righteous word. Please help me to live it in Jesus name I pray. ~Amen



Proverbs 31:8-9

Speak up for those who cannot speak for themselves, for the rights of all who are destitute.

- **9** Speak up and judge fairly; defend the rights of the poor and needy.
 - Is God telling us to be activists?
 - What is the meaning of the word destitute?
 - How can you judge fairly?
 - God did not give us a spirit of timidity. What does he tell us to do in verse 9?

Prayer

God, help me to speak up for others. Help me to know the facts of both sides so that I may judge fairly. Expose the deeds of others, show me, God. Please help me to search for the truth myself and not listen to hearsay. Be with me God, keep your right hand on me so that I may live according to your will. In Jesus name, I pray.



Matthew 6:25-33

Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

27 Can anyone of you by worrying add a single hour to your life?

28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin.

29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these.

30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you-you of little faith?

31 Do not not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

32 For the pagans run after all these things, and your heavenly Father knows that you need them.

33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

- In verse 25 think on a broader scale and list some things we commonly worry about?
- Now, what does it say in verse 31 are things that unbelievers worry and struggle to attain?
- When we worry are we acting like unbelievers?
- In verse 30 what does it say we lack when we worry?
- Instead of worrying about our job, paying the bills and taking care of our family, what does verse 33 tell us to do instead?
- What is the promise to us?
- List ways you can put God's kingdom, and being godly, before the things you worry about.

Prayer

Dear God, help me to realize your promise. Others worry to pay their rent, struggle to keep up their job but your word tells me, if I stop worrying and chasing those basic needs, and instead put you first, and seek righteousness, you will give those things to me. Show me, God, how and where I need to put you first, help me to seek you in your word and in all things to seek to be righteous and godly, being at church, and helping others understand your word. In Jesus name, I pray.



Matthew 7:7-12

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

8 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

9 "Which of you, if your son asks for bread, will give him a stone?

10 Or if he asks for a fish, will give him a snake?

11 If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

12 So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.

- Do you believe God hears you when you pray?
- Do you want more from your Bible Time? Do you want more from your prayer time? Do you want more from your life?
- As humans, we are not good. Only God is good. But the word tells us that even though we are not good we will still give our children good things. And if God is good and wonderful, don't you believe he will give us good things if we ask?
- Then what do you think you need to do?

- What is the promise God gives us here?
- How should we treat others?

Prayer

Dear God, please help me to not be afraid or ashamed to ask and to seek you. Help me to follow your word so your promises will materialize in my life. Thank you for your word, and your desire to know me more, and to answer my prayers. I pray that you will help me to live a godly life for you.



Hebrews 13:5

Keep your lives free from the love of money and be content with what you have because God has said, "Never will I leave you; never will I forsake you."

- We all need money to live, to pay bills, to feed our families, but what does it mean to love money?
- What does it mean to be content with what you have?
- Do you believe you must be content with what you have before God can bless you with more?
- Why should you be content with what you have instead of chasing more?
- Why, and what is the promise?

Prayer

Dear God, help me to be content with what you have given me. Help me to keep my mind on godly things and not worldly things. Help me to see that you are all I need and that you have promised that you will never leave me and never forsake me. I know you are always with me. Thank you for standing by me throughout my life and providing me with everything I need.



I Peter 2:11-12

Dear friends, I urge you, as foreigners and exiles, to abstain from sinful desires, which wage war against your soul.

12 Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day he visits us.

- Why are Believers considered foreigners and exiles?
- What are sinful desires?
- How can sinful desires wage war against your soul?
- We must live in such a way that our lives point others to God. How can we win our eternal soul as well as glorify God?

Prayer

God help me to live a life that glorifies you in all ways. Help me to be a light to others even when people are not looking, because I know you are looking. Help me to be godly so others will see you in me and will lead nonbelievers to you in Jesus name.



II Corinthians 10:3-5

- **3** For though we live in the world, we do not wage war as the world does.
- **4** The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.
- **5** We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.
 - What does it mean that we do not wage war as the war does? How do Believers wage war?
 - What weapons do we as Believers fight with?
 - How are they more powerful than weapons of the world?
 - What does it mean to take every thought captive?
 - How do you start to make every thought obedient to Christ?
 - Do you believe your actions are an extension of your thoughts?
 - What are some things God's word tells us to focus our thoughts on?
 - What will you do today to remain focused?

Prayer

Dear God, help me to remain focused on you and all the good you have created in this world. Help me to focus on the beauty, the noble things and the wonders of this world and of heaven that you have created. Help me to keep my eyes on the prize and take every thought captive and make it obedient to you Lord. ~Amen



Galatians 5:22-26

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things, there is no law.

24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

25 Since we live by the Spirit, let us keep in step with the Spirit.

26 Let us not become conceited, provoking and envying each other.

- Karpos is the Greek word for fruit that is used here. Write down each fruit of the Spirit and its opposite, explain each one.
- Examine your life and people you come in contact with. Are you producing this fruit or its opposite?
- What does it mean to crucify the flesh with its passions and desires?
- Where do you need to make changes so you can live in step with the Spirit?

Prayer

God, please help me to be loving, and kind even when others are not. Help me to not lose faith and continue to be joyful and gentle in all situations. Help me to be self-controlled and tolerant of those with different views and beliefs and continue to show them love in all situations because you are love. I know that you are all these things and we should imitate you. Help me to walk in your obedience.



1 Thessalonians 5:14

And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.

- Write down the definition for each; idle, disruptive, disheartened, weak and patient.
- Now reread the verse. Can you think of people to match up with these words?
- Can you be patient or tolerant to them?

Prayer

Dear God help me to live a life of tolerance and patience to others without complaining about it. I don't know what other people may be going through, Help me to help others and to be a light to them. I pray that others see you in my daily life in Jesus name I pray.



Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

- What is your living sacrifice?
- Can you think of some things that the world may say it is okay to do, but the Bible teaches against it?
- Can you think of some things the Bible teaches to do but the world is against?
- Do you think it is okay to side with the world or should you side with God?
- Consult another Christian, a more mature Believer, and ask them to pray *with* you.

Prayer

Dear God, Please give me the strength to obey your word and not the world. Help me to live a godly life in your eyes, not the world's eyes and to see there is a big difference and help me to choose the right path in Jesus name I pray.



John 15:4-8

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. 5 I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

6 If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned.

⁷ If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.

⁸ This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

- Who is the vine? Who is the branch?
- What does it mean by "bear much fruit"?
 The word "fruit" here is the same as in Galatians 5:22 (Greek word karpos)
- What must happen to bear much fruit?
- Can you bear fruit if you do not remain in Christ/the vine?
- What kind of fruit will you bear outside of Christ?
- What happens if you do not remain in Christ?
- Why is it to God's glory if you bear much fruit?

Prayer

Dear God, help me to remain in you and grow as a Christian. Help me to produce the fruit of the Spirit that will help me to lead others to you. God, I know that outside of you I will dry up and wither away. God help me to study your word and apply it to my life so I can be a light for others. I pray that you will remove the stumbling blocks from my path and you will put people in my life that I can help them by bringing them to you. God help me to continue to study your word so I will have the knowledge to help others as well as myself. In Jesus name, I pray.



1 Timothy 4:16

Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.

- What is the meaning of doctrine?
- Should your life and doctrine match?
- Are there any differences between your life and your doctrine?
- If so list them, no matter how insignificant you may think they are.
- What does it mean to persevere in your life and doctrine?
- Can your hearers be anyone you come in contact with?
- Who are your hearers?
- What if your life doesn't match your doctrine?
 Do you think others will notice?
- What is the promise for you if they match?
- How can you make them match?

Prayer

God help me to follow your word. Help me to make sure that the things I believe and live by are evident in my life, not only for myself but for my family and the people I come in contact with. Help me be different, to be the standard, to be true to your word and not a hypocrite. Please allow my life to have an impact on

others. I know you have a plan for my life, and you created me for a reason. Help me to step into that life and your will, in Jesus name I pray.



Ephesians 4:1-6 (NKJV)

- I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, 2 With all lowliness and gentleness, with longsuffering, bearing with one another in love, 3 endeavoring to keep the unity of the Spirit in the bond of peace.
- **4** There is one body and one Spirit, just as you were called in one hope of your calling;
- 5 one Lord, one faith, one baptism;
- **6** one God and Father of all, who *is* above all, and through all, and in you all.
 - Here, Paul is addressing Believers. You are to live in the unity with other Believers. Do you?
 - What are the opposites of the words in the second verse?
 - Verse three tells us that unity is of the Spirit.
 Paul tells us that we must live verse two to
 maintain that unity. It doesn't matter who
 started a division, or who is maintaining it, right
 now the Bible is telling YOU to end it. You are
 one in Christ, act like it. Are you at odds with
 others at church or do you bare with one
 another in love and patience?
 - Can you go to church and say you have a relationship with God but have no relationships within the church?

 The Bible teaches us that if you don't love your brother you don't love God. What can you do to strengthen the bond of peace with other brothers and sisters?

Prayer

Dear God, help me to live in peace with my brothers and sisters. We were called to be united in the Spirit with peace. Help me to live this out through my life so that I may not lead others astray. When people look at my life I pray they see you, not me. Please help me to be a peacemaker as I live your word in Jesus name.



James 2:8

If you really keep the royal law found in Scripture, "Love your neighbor as yourself," you are doing right.

- What is the royal law?
- Do you love yourself?
- Neighbor here is used as the Greek term plesion which means a person near, a Christian, or friend. Do you love your neighbors? Do you love them the way you love yourself?

Prayer

Dear God help me to love others the way I love myself. Help me to see everyone as my neighbor. Please help me to get rid of all bitterness, jealousy, and everything that is keeping me from fully living your word out through my life. In Jesus name, I pray. ~Amen

Philippians 4:8-9

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

- Read verse 8. Why do you think God wants us to think of such things?
- What happens if we think negative thought all day instead?
- Why should we put the things we have learned into practice?

Prayer

Dear God, Help me to put all the negative thoughts out of my mind, and not think about the hate and trouble in this world. Help me to put into practice all the things that I have learned from your word. I pray that you will help me to live godly whether others are looking or not. Because I know in my heart that the only person that matters is you and what you think of me. In Jesus name, I pray.



Jeremiah 29:11

For I know the plans I have for you declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.

- Hananiah lied to the Israelites and told them in two years God would deliver them from Babylon and they could go home. But God told his people that it would be 80 years before they would be able to go home, which meant no one there would live to see it. He also told them that they were to go to Babylon and prosper, so the exact nation that enslaved them would prosper too. He told them he had a plan for them. How do you act when you are faced with unpredictability?
- What if the plan is for you to make a path for the next generation?
- When things do not go your way, how do you act?

Prayer

Dear God help me to take the good with the bad. Help me to realize that you have my best interest at heart even when things do not go the way I think they should. Help me to always have a good attitude and continue to desire that you work through me and use me to benefit your kingdom. Let others see you in my life in Jesus name I pray.



Colossians 3:22-25

Slaves, obey your earthly masters in everything; and do it, not only when their eye is on you and to curry their favor, but with sincerity of heart and reverence for the Lord.

23 Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,

24 since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

25 Anyone who does wrong will be repaid for their wrongs, and there is no favoritism.

- What is your work ethic?
- Are you thankful for your job?
- What should your attitude be and why?
- Should you make some attitude adjustments?
- What is the promise God gives?

Prayer

Dear God, thank you for giving me a job to take care of my family and others. Please help me to have a thankful and giving heart always. Help me to see that although I may receive a paycheck that is signed by my boss, I am really working for you. You are the one who allows me to go to work every day, you gave me this life and I am thankful for it in Jesus name I pray. ~Amen



Romans 16:17-20

I urge you, brothers and sisters, to watch out for those who cause divisions and put obstacles in your way that are contrary to the teaching you have learned. Keep away from them.

- **18** For such people are not serving our Lord Christ, but their own appetites. By smooth talk and flattery, they deceive the minds of naive people.
- 19 Everyone has heard about your obedience, so I rejoice because of you, but I want you to be wise about what is good, and innocent about what is evil.20 The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus be with you.
 - Who should you watch out for and why?
 - Who are the ones likely to be deceived?
 - How can you surround yourself with godly people?
 - What must you do to guard against being naive?

Prayer

Dear God, help me not to be naive. Help me to study your word daily and pull my relationships tighter. Please help me to bring other together, and not tear people apart. Use me to do your will, to be a light to others. Help me to learn God, give me wisdom and discernment, in Jesus name I pray.



Romans 12:17-21

Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone.

18 If it is possible, as far as it depends on you, live at peace with everyone.

19 Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.

20 On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head."

21 Do not be overcome by evil, but overcome evil with good.

- How must you live every day?
- Why should you not entertain the thought of revenge?
- How should you treat those who dislike or hate you?
- How can you overcome evil?
- It would be easy to take revenge but do you believe it will be worst if it is dished out by God himself? Why?

Prayer

Dear God, help me to live in peace with everyone. Help me to control my anger especially to those who hate me. I pray for their souls that they will see you in my life and maybe their soul will be saved before it is too late. God, I do not pray for awful revenge at your hands, but instead, I pray for justice and mercy in Jesus name I pray.



James 1:22-25

Do not merely listen to the word, and so deceive yourselves. Do what it says.

23 Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror

24 and, after looking at himself, goes away and immediately forgets what he looks like.

25 But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

- If you listen or read God's word and do not act on what it is telling you, what does that mean?
- When you look at yourself in the mirror do you walk away and forget what you look like?
- It is the same with the word of God, you should know it like you know your face. If you read it and walk away and do what it says what is the promise to you?

Prayer

Dear God help me to study your word with pen and paper. Help me to memorize scripture so that I will not forget what you want me to do. Help me to live your word out in my life so that I may be a light for others. In Jesus name, I pray.~Amen



James 1:26-27

Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.

27 Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.

- What does it mean to keep a tight rein on your tongue?
- What defines a worthless religion?
- According to the scripture, what kind of person doesn't keep a tight rein on their tongue?
- How do you keep yourself from being polluted by the world?
- Do you think someone who doesn't keep a tight rein on their tongue does a disservice to their religion and/or church? How?

Prayer

Dear God help me to take control of my thoughts and to only think of good and positive things. I know that by doing so it will help me to keep a rein on my tongue. Help me to only speak positive, and speak love to others, in Jesus name I pray.

Day 23

I Corinthians 6:19-20

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own;

20 you were bought at a price. Therefore honor God with your bodies.

- What is the definition of a temple?
- If your body is a temple then it is devoted to worship. Do you treat your body as such?
- As Believers who is in you?
- What does it mean by "You are not your own"?
- What was your price?
- How can you honor God with your body? Make a list if necessary.

Prayer

Dear God, help me remember that my body is not my own. My body is your temple and when others see me they should see you. You do not dress provocative, and you are not rude to people. Help me to live a life worthy of being called a Christian. I pray that I will honor you all the days of my life. In Jesus name, I pray.



Colossians 3:12-14

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.

- 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.
- **14** And over all these virtues put on love, which binds them all together in perfect unity.
 - Who are God's chosen people?
 - Do you have a grievance against anyone?
 - If you have a grievance what should you do?
 - As God's chosen people, what virtues should you have?
 - As a child of God, does God keep a record of your wrongs?
 - Do you remind others of their wrongs?
 - How can you forgive and forget?

Prayer

Dear God help me to forgive others no matter what they have done to me. Help me to forgive and forget, the way you have forgiven and forgotten mine. Help me to be loving and mirror you in Jesus name I pray ~Amen

Hebrews 4:12

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

- What does it mean that the word of God is alive and active?
- What are the differences in a single edge blade and a double edge blade?
- Which cuts sharper and with more ease?
- Is there a difference between soul and spirit, if so what is the difference?
- Is there a difference between thoughts and attitudes, if so what is the difference?
- According to scripture, what judges the thoughts and attitudes of the heart?

Prayer

Dear God I thank you for your word. I pray that you will help me to use it in my daily activities. If I have a question about my life, I want to seek your guidance by turning to your word. Help me to discern between your word and what my heart tells me. Help me to do what is right even when I do not understand your answer for my prayers.

Day 26

Isaiah 40:28-31 (NKJ)

Have you not known?

Have you not heard?

The everlasting God, the Lord,

The Creator of the ends of the earth,

Neither faints nor is weary.

His understanding is unsearchable.

29 He gives power to the weak,

And to *those who have* no might He increases strength.

30 Even the youths shall faint and be weary,

And the young men shall utterly fall,

31 But those who wait on the Lord

Shall renew their strength;

They shall mount up with wings like eagles,

They shall run and not be weary,

They shall walk and not faint.

- When do you find yourself needing strength?
- When some people need strength or comfort, what are some false comforts they turn to?
- As a Christian what can you offer them, or do for them?
- What is something that is making you weary this week?
- How will you reclaim your strength?
- What does it mean for you to "wait on the Lord"?

Prayer

Dear God, thank you for your word. Thank you for being a promise keeper. When I am discouraged, I know you have not forgotten me. I know you keep your promises and I will benefit for waiting for your answers and not taking things into my own hands. Strengthen me, Lord, when I need it. Help me to realize when I am not seeking comfort from you. I pray that you will be my reaction, my reaction to stress, discomfort or any worldly thing that may come against me. In Jesus name, I pray ~Amen



Philippians 2:14-16

Do everything without grumbling or arguing, 15 so that you may become blameless and pure, "children of God without fault in a warped and crooked generation." Then you will shine among them like stars in the sky

16 as you hold firmly to the word of life. And then I will be able to boast on the day of Christ that I did not run or labor in vain.

- Define grumbling.
- When was the last time you grumbled?
- Define complaining.
- How often do you complain?
- Why should you do everything without grumbling and complaining?
- What is a crooked generation?
- If you hold firm to the word of life, what does God promise?

Prayer

God please help me not to grumble and complain but to everything with a glad sincere heart. I pray that others will see you in me and that I will shine like a light that will hopefully lead others to you. Please help me hold to your word in Jesus name I pray ~Amen



Romans 1:17

For in the gospel the righteousness of God is revealed—a righteousness that is by faith from first to last, just as it is written: "The righteous will live by faith.

- Define righteousness
- Where is God's righteousness revealed to us?
- Define faith
- Describe the kind of people who live by faith

Prayer

Dear God thank you for your word, thank you for resources that can help us understand your word. God, please help me to live by faith, help me to please you by living by faith. You alone sustain me you alone make me. Thank you, Father, for your goodness and mercy and I know you are just. Help me to be faithful and moral, I pray that others will see my life and it will be a light in the darkness in Jesus name I pray



Philippians 2:2-4

2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,4 not looking to your own interests but each of you to the interests of the others.

- Why is unity important especially among believers?
- When was the last time you looked out for the interest of someone else?
- When was the last time you put the needs of others above your own? Write about it.
- How does caring for other people affect your relationship?

Prayer

Dear God thank you for your word, and the guidance it gives. Please help me to be like-minded with other believers, considering them above myself. Help me to be humble and a servant doing whatever is in my power to do to help others. Help me to seek the best for others before I consider myself, because I know if I put the kingdom first, you will take care of me. In Jesus name, I pray.



Proverbs 14:22

Do they not go astray who devise evil?
But mercy and truth *belong* to those who devise good.

- What does it mean to devise something?
- What happens when a believer devises evil?
- What will be given to those who devise good?
- Mercy is something we all need. Define mercy.
- Does this verse imply that people have a choice between good and evil?
- How do you feel about that and what can you do to ensure that you devise good?

Prayer

Dear God, Thank you for your word, and the knowledge to read it and put it into practice daily. Please help me to not fall into the trap of revenge and getting back at people who have wronged me. Please help me to see that the battle is yours not mine and you have bigger plans for me and help me to listen to you, listen for what you have to say to me. Please give me to courage to follow you and trust you in all I do in Jesus name I pray.



Proverbs 14:23

All hard work brings a profit, but mere talk leads only to poverty. 24 The wealth of the wise is their crown, but the folly of fools yields folly.

- How has hard work shaped who you are as a person?
- Do you believe God wants us to have wealth?
- What happens when people work hard?
- What does this verse say about people who are wise with their wealth?

Prayer

Dear God, thank you for the life you have given to me. Help me to live it to the fullest being righteous and godly in your eyes. I pray you will continue to reveal yourself to me through your word. Help me to live by faith and pleasing in your eyes, help me to be a light to those who do not know you as their Lord in Jesus name I pray,



Colossians 3:5-8

Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.

- 6 Because of these, the wrath of God is coming.
- 7 You used to walk in these ways, in the life you once lived.
- 8 But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.
 - Look up each word in verse 5. What does it mean to put these things to death?
 - How is greed, idolatry?
 - Define wrath
 - Define the words in verse 8.
 - What is filthy language?
 - What does God say to do in verse 8?

Prayer

Dear God help me to live my life as a Christian every day. Help me to not slip back into the old ways I use to live. Help me to always keep words of encouragement in my mouth for others. Help me to lie a godly life and to be a light for others, I pray they will see you in me, in Jesus name I pray.



James 1:19-20

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,

20 because human anger does not produce the righteousness that God desires.

- Who is this verse directed to?
- Why is it important to be quick to listen?
- Why is it important to be slow to speak?
- Why is it important to be slow to become angry?
- Is there a difference in righteous anger and sinful anger?

Prayer

Dear God, please help me to listen to others, to be patient for them and to them. Help me to control my anger, and realize the things I can not control and just let them go. Please let me be a light to others, especially those who do not know you. Thank you for your mercy, love, and righteousness in Jesus name I pray.



I Samuel 16:7

But the Lord said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart."

- How do we usually judge people?
- How does God judge people?
- Why is it important to have a pure heart?
- Why should we be righteous even when no one is looking?

Prayer

Dear God thank you for your love, mercy, and righteousness. Thank you for being a perfect example that we should strive to imitate. Please help me be kind to others no matter what they look like. Help me to see beyond a person's looks and see their heart. Please help me to be righteous in all I do and to be a light to others in Jesus name I pray. ~Amen



Psalm 37:4-6

Take delight in the Lord, and he will give you the desires of your heart.

5 Commit your way to the Lord; trust in him and he will do this:

6 He will make your righteous reward shine like the dawn, your vindication like the noonday sun.

- What does it mean to take delight in the Lord?
- What is the promise if you delight in the Lord?
- What does it mean to commit your way to the Lord?
- What is the promise if you commit your way to the Lord and trust in him?
- Define vindication.

Prayer

Dear God I praise your holy name. Thank you, father, for your righteousness. Thank you for your word. Please help me to trust in you, to follow your word and imitate your righteousness. I pray that your word is forever on my lips so that I may not sin against you in Jesus name I pray.



Psalm 37:7-9

Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways when they carry out their wicked schemes.

- 8 Refrain from anger and turn from wrath; do not fret—it leads only to evil.
- **9** For those who are evil will be destroyed, but those who hope in the Lord will inherit the land.
 - Define fret.
 - Why does it lead to evil?
 - What is the promise for those who are evil?
 - What is the promise for those who hope in the Lord?

Prayer

God, please help me to not worry or be anxious. Help me see that worrying is being faithless and your word speaks against the faithless. Because if we don't have faith, then we don't believe in you. God help me to have patience and to be still. My hope is in you Lord in Jesus name I pray



Proverbs 10:16-19

The wages of the righteous is life, but the earnings of the wicked are sin and death.

- 17 Whoever heeds discipline shows the way to life, but whoever ignores correction leads others astray.
- **18** Whoever conceals hatred with lying lips and spreads slander is a fool.
- **19** Sin is not ended by multiplying words, but the prudent hold their tongues.
 - What are wages?
 - What are the wages of a righteous life?
 - What are the wages of a wicked life?
 - What does it mean to heed discipline?
 - What is a way to stop sin?

Prayer

Dear God help me to lead a righteous life. Help me to listen to correction especially when it comes to my life. I know it is my choice to listen to correction and to accept it. Please help me to change, help me to put away my wicked self and live a righteous life that others will see you in my life, in Jesus name I pray, ~Amen



Ephesians 4:31-32

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. **32** Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

- Define each of these words: bitterness, rage, anger, brawling, slander, and malice
- Are any parts of these words familiar or describe you?
- Define compassionate and forgiving
- Does God keep a record of wrongs against us?
- Do you hold a grudge or bad feelings against anyone?
- What does verse 32 say we should do?

Prayer

Dear God, Thank you for your perfect law. Please help me to see that everything happens for a reason. I thank you for closing doors in my life so the right ones will open. Please help me to feel no will ill toward anyone even if I were unfairly treated because the battle is not mine. Help me to have a forgiving heart, help me to forget the wrongs that have been done to me so you can use me fully in Jesus name I pray.



Matthew 5:6

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

- Define hunger.
- Define thirst.
- Have you ever felt real hunger or thirst?
- Can you live without food or water?
- Consider the definitions. Have you ever felt this way about God's law?
- Have you ever felt that you cannot live without God's word?
- What is the promise?

Prayer

Dear God help me to see how important your word is. Help me to hunger and thirst for your word every day and know that I cannot live without it. Help me to wake each morning hungry for your word, and to devour it each day knowing I cannot live without you. I pray that I will live out your word in my life, in Jesus name I pray.



Exodus 20:3

You shall have no other gods before me.

- What does it mean to have other gods before Him?
- Can your job be a god to you?
- How can your job or children, or husband be a god to you?
- How do you put God first in your life?

Prayer

Dear God, please help me to put my priorities in order. Help me to always put you first, always. Help me start my day with you and keep your word in my heart. Please show me how to put you first in my life. I pray that I can answer the hard question -Are you first in my life-. Help me to be at church when the doors are open, and I pray that the first thing I do when I get paid is to take a 10th out that belongs to you. Please show me where I am not putting you first and help me to change it in Jesus name I pray. ~Amen



From the Author of the One-Year Bible Time and Prayer Journal and Romans 5:8 Journal April Teesdale

